# **CRISIS PREGNANCY CENTERS**

#### ARKADELPHIA

#### **Pregnancy Resource Center for Southwest Arkansas**

P. O. Box 783 702 Carpenter Street Arkadelphia, AR 71923 PHONE: 870-210-5353, HOTLINE: 800-712-4357 WEBSITE: www.arkadelphiapregnancy.com EMAIL: prcsa@live.com FACEBOOK: Pregnancy Resource Center for Southwest Arkansas HOURS: Monday, Wednesday, Thursday 10 a.m. - 5 p.m. SERVICES: One to one consultations and emotional support, free pregnancy test, limited

ultrasounds, parenting classes with incentive program to assist with baby and maternity supplies, fatherhood program for men, information on pregnancy options, community referrals, post-abortion support group for women and men, adoption information and referrals, abstinence/sexual integrity education, sexually transmitted disease information and testing referral.

NEEDS: Prayer, volunteers and financial support and more consistent monthly donors.

#### ASH FLAT

#### New Beginnings Pregnancy Help Center

1438 HWY 62/412

Highland, AR 72542

PHONE: 870-994-5433 or toll free 888-374-8820

FAX: 870-994-7807

EMAIL: nbphc.laura@yahoo.com

WEBSITE: www.pregnantnowwhat.org

HOURS: Monday - Thursday 10 a.m. to 5 p.m.

SERVICES: Free pregnancy tests, ultrasounds, maternity, baby and toddler clothes, Earn While You Learn prenatal/newborn care classes, thrift shop for baby and child related items, post-abortion recovery/support group, Lamaze and Breastfeeding support classes, Infant CPR.

NEEDS: Parent class facilitators, Saturday store volunteers, used baby clothing and equipment.

#### BATESVILLE

#### Alpha Center Inc.

194 W. Main Street Batesville, AR 72501 PHONE: 870-698-1008 HOURS: Monday, Wednesday, Thursday 11 a.m. - 4 p.m. SERVICES: Maternity clothing, supplies, diapers and baby wipes for infants up to 2 years; Earn While You Learn parenting classes, free pregnancy testing, limited ultrasound, abortion pill reversal.

NEEDS: Prayers, volunteers, baby items, diapers and wipes, financial support.

# BEEBE

# **Options Pregnancy Center**

400 West Center Street Beebe, AR 72012 PHONE: 501-882-7694 WEBSITE: optionspc.org EMAIL: marsha@optionspc.org HOURS: Tuesday 1-5 p.m., Thursday 10 a.m. - 5 p.m. SERVICES: Pregnancy test, ultrasound, STD testing, Earn While You Learn program, baby items and formula, gently used baby and maternity clothing; DHS parenting program; sexual abuse and post-abortion recovery classes, 24/7 Dad program & Life Coaching. NEEDS: Volunteer client advocates, formula, and baby items.

# BENTON

#### New Beginnings Pregnancy Center

120 South Conrad Street Benton, AR 72015 PHONE: 501-315-5557 WEBSITE: www.nbpregnancy.com EMAIL: info@nbpregnancy.com HOURS: Tuesday, Wednesday, Thursday 9 a.m. - Noon, 1-4:30 p.m., Resource Center Monday 1-6 p.m. SERVICES: We offer free pregnancy testing and free limited ultrasounds regarding preg-

nancy options. We also provide material assistance (baby items and maternity clothes), mentoring programs, parenting classes, breastfeeding classes, individual and group Bible studies, post-abortion support and community referrals. Walk-ins welcome or call for an appointment.

NEEDS: Financial support, new or gently used baby items, backpack diaper bags. We cannot accept used car seats or cribs.

# BERRYVILLE

# HopePlace Berryville

213 Hailey Road Berryville, AR 72616 PHONE: 870-423-6811

EMAIL: robin@hopeplaceberryvile.org or thecradleberryville@gmail.com

HOURS: Tuesday, Wednesday, Thursday 10 a.m. - 4 p.m.

SERVICES: Free pregnancy testing, thrift baby and maternity goods, decision counseling, life coaching, breast feeding education, fertility awareness education, ultrasound referrals, and Earn While You Learn.

NEEDS: Volunteer counselors and store clerk, fundraisers.

# BLYTHEVILLE

Acts of Hope 525 N. 10th St. Blytheville, AR 72315 PHONE: 870-623-8819 EMAIL: actsofhopeprc@gmail.com WEBSITE: www.actsofhopeprc.com HOURS: Tuesday 10 a.m. - 4 p.m., Wednesday 10 a.m. - 4 p.m., Thursday 10 a.m. - 4 p.m. SERVICES: Free pregnancy testing, parenting classes, abortion recovery, infant loss and still birth recovery, school STD and abstinence education. NEEDS: Looking for a director.

# CABOT

**Options Pregnancy Center** 

401 S 2nd St P.O. Box 795 Cabot, AR 72023 501-941-5533 EMAIL: vikki@optionspc.org WEBSITE: optionspc.org HOURS: Monday 10 a.m. - 5:30 p.m., Tuesday 9 a.m. - 5 p.m., Wednesday. 10 a.m. - 4:30 p.m. CLOSED everyday for lunch from Noon - 1 p.m. SERVICES: pregnancy test, ultrasound, STD testing, Earn While You Learn program,

baby items and formula, gently used baby and maternity clothing; DHS parenting program; sexual abuse and post-abortion recovery classes, 24/7 Dad program & Life Coaching. NEEDS: volunteer client advocates, formula and baby items.

#### CAMDEN

#### Hannah Pregnancy Resource Center

126 E. Washington Camden. AR 71701

PHONE: 870-231-9799 or toll free 1-866-74-Women

EMAIL: executivedirector@hannahprc.com

WEBSITE: www.hannahprc.com

HOURS: Monday 9 a.m- 12 p.m. Tuesday 10 a.m. - 4 p.m.

SERVICES: Pregnancy test, limited ultrasound when appropriate, abstinence education, parenting program, Earn While You Learn program, peer counseling, pre/post abortion and adoption, post-abortion help.

NEEDS: Prayer, financial assistance and volunteers

#### CLARKSVILLE

Pregnancy Help Clinic 102 N. Johnson St. Clarksville, AR 72830 PHONE: 479-754-7474 EMAIL: admin@clarksvillephc.com HOURS: Monday and Wednesday 9 a.m. - 3 p.m., Thursday Noon - 6 p.m. WEBSITE: www.clarksvillepregnancyhelpclinic.com SERVICES: Free pregnancy testing, counseling, limited ultrasound, post-abortion counseling, Earn While You Learn program, Care Closet, referrals. NEEDS: Volunteer counselors, Care Closet items.

# CONWAY

Life Choices, Inc. P. O. Box 1345 1330 South Donaghey Conway, AR 72034 PHONE: 501-329-5944 EMAIL: center@lifechoicesinc.org WEBSITE: www.lifechoicesinc.org HOURS: Monday - Thursday 9 a.m. - 5 p.m. SERVICES: Free pregnancy tests; pregnancy options information, pregnancy and parenting education, community resources, limited obstetrical ultrasounds, post abortion support, emergency assistance, parenting classes, free STD testing. NEEDS: Volunteers, financial support.

# CROSSETT

Life Choices PCC

111 Pine Street, P O Box 2044 Crossett, AR 71635-2044 PHONE: 870-364-1155 EMAIL: lifechoicesar@gmail.com WEBSITE: www.lifechoicescrossett.com HOURS: Tuesday 9 a.m. – 2 p.m., Wednesday and Thursday 9 a.m.-1 p.m. SERVICES: Free pregnancy test, mentoring programs, Bible studies, community talks, material aid for women and babies, post abortion help. NEEDS: Items for incentive programs and products for pregnancy and new baby.

# EL DORADO

# Hannah Pregnancy Resource Center

101 W. Main Street, Suite 200

El Dorado, Arkansas 71730

PHONE: 870-862-1317, Toll Free 1-866-74 Women

EMAIL: paula.williams@hannahprc.com

WEBSITE: www.hannahprc.com

HOURS: Monday - Thursday 9 a.m. - 4 p.m.

SERVICES: Pregnancy test, limited ultrasound when appropriate, abstinence education, parenting program, Earn While You Learn program, peer counseling, pre/post abortion and adoption, post-abortion help and life skills classes for incarcerated men and women in the Union County jail, STI.

NEEDS: Prayer, financial assistance and volunteers.

# FAYETTEVILLE

# Loving Choices Pregnancy Center

275 S. Duncan Avenue Favetteville, AR 72701

PHONE: 479-521-6677 1-800-395-HELP

EMAIL: info@lovingchoices.org

WEBSITE: www.lovingchoices.org

HOURS: Monday - Thursday 10 a.m. - 5 p.m.

SERVICES: Long-term mentoring, educational incentive program, Mommy Boutique, agency referrals.

NEEDS: New or very clean baby clothes and contemporary maternity clothing, baby and toddler car seats (NEW ONLY), monthly supporter, prayer support, volunteers.

# FORDYCE

# HopePlace Fordyce

101 College Street, P O Box 63 Fordyce, AR 71742

PHONE: 870-352-8506

EMAIL: contact@hopeplacefordyce.com

WEBSITE: www.hopeplacefordyce.com

HOURS: Monday and Tuesday 1-5 p.m.

SERVICES: Crisis or unplanned Pregnancy mentoring; adoption mentoring; free pregnancy tests; parenting classes; childbirth classes; Life Skills classes; Purity classes; Sexual Risk Avoidance education; Biblical studies; and, material assistance through an Earn While You Learn curriculum, Certified life coaching.

NEEDS: Medical director, volunteers, financial assistance, baby items, diapers and new car seats.

# FORT SMITH

1st Choice Pregnancy Medical Center 4622 Grand Ave Fort Smith, AR 72904 PHONE: 479-484-5244 FAX: 479-484-0234 EMAIL: info@1stchoicefortsmith.com WEBSITE: www.1stchoicefortsmith.com HOURS: Mon.-Tues. 9 a.m.-6 p.m., Wed-Thurs 9 a.m.-3 p.m., Fri. 10 a.m.-2 p.m. SERVICES: Abortion pill reversal program, free pregnancy test, STD testing, on-site ultrasound, referrals for maternity homes, sexual integrity for all ages, abortion recovery support group, abortion education, Parent Training Academy; adoption referrals, community referrals, mobile unit, Earn While You Learn for moms and dads, Baby Boutique. NEEDS: Volunteers, infant clothing, Baby Boutique items, diapers, and wipes.

#### Heart to Heart Pregnancy and Family Care Center

417 South 16th Street Fort Smith, AR 72901 PHONE: 479-452-2260, fax 479-573-0700 EMAIL: heart2heartpsc@gmail.com WEBSITE: www.hearttoheartpfcc.org HOURS: Monday - Thursday 9 a.m. - 3 p.m., Spanish speaking education Monday - Thursday 9 a.m. - 3 p.m.

SERVICES: Free pregnancy test, counseling, post-abortion help, medical referrals, adoption referrals, speaking engagements at churches and schools, maternity and baby closet, Hispanic services, 24/7 Dad's Ministry, Earn While You Learn Parenting, limited ultrasound. NEEDS: Volunteers, monthly/yearly donors, church support, diapers size 3-5.

# HARRISON

#### Informed Choices Women's Center

715 W. Sherman, PO Box 545 Harrison, AR 72601

EMAIL: rhondagrahamicwc@gmail.com

WEBSITE: www.informedchoiceswomenscenter.org

PHONE: 870-280-3169, text line 870-404-4897

HOURS: Mon, Tues, Thurs. 10 a.m. - 6 p.m., Wednesday 10 a.m - 5 p.m.

SERVICES: Free pregnancy testing, limited ultrasound, STD testing and sexual health education. We offer pregnancy options education, healthy pregnancy education, postabortion recovery (Surrendering the Secret), and referrals for prenatal care, social services, and adoption. We offer parenting classes to support mothers and fathers beyond pregnancy through an Earn While You Learn and a Mommy Talk program. Male mentorship. All services are confidential and free.

NEEDS: Prayer, advocates, new/gently used baby items..

# HOPE

Hope's 1st Choice Pregnancy Resource Center P. O. Box 861 114 S. Main Street Hope, AR 71802 PHONE: 870-703-2687 FACEBOOK: Search Hope 1st Pregnancy Resource Center HOURS: Tuesday 5:30 p.m. to 7:30 p.m. SERVICES: free pregnancy tests, peer counseling, education on abortion and alternatives, prenatal and parenting classes, Mommy Store (earn clothing, diapers, and other supplies), breastfeeding classes, and referrals for medical care WIC and other resources, ultrasounds NEEDS: baby clothes infant to 2T, diapers, baby items; volunteers and financial assistance.

# HOT SPRINGS

Change Point 201 Nickels Street Hot Springs, AR 71901 PHONE: 501-624-2273

EMAIL: changepointcenter@gmail.com

HOURS: Mon. and Wed. 9 a.m. - 3 p.m., Thurs. 9 a.m. -5 p.m., Tues. 9 a.m. - 2 p.m. SERVICES: Free pregnancy tests, ultrasounds available on Wednesday & Thursday or by appointment; pre/post-natal information, benevolence items (maternity & baby), birth and parenting classes; parenting resources; fatherhood programs and codependency classes, anger management

NEEDS: Volunteers, donations, maternity & baby clothes.

# HUNTSVILLE

Open Arms Pregnancy Center 400 West St. Huntsville, AR 72740 PO Box 854 PHONE: 479-738-8553 EMAIL: rtddbf@hotmail.com HOURS: Tuesday and Thursday 10 a.m.- 1 p.m. SERVICES: Free pregnancy test, Childbirth class, parenting class, counseling, baby items, birth kits, breastfeeding classes, car seat safety classes, free car seats. Training school for GED

# JACKSONVILLE

# **Options Pregnancy Center**

1409 Madden Road Jacksonville, AR 72076 PHONE: 501-457-7735 EMAIL: marsha@optionspc.org WEBSITE: optionspc.org HOURS: Monday Noon - 6 p.m., Thursday 10 a.m. - 5 p.m., Friday 10 a.m. - 2 p.m. SERVICES: Pregnancy test, ultrasound, STD testing, Earn While You Learn program, baby items and formula, gently used baby and maternity clothing; DHS parenting program; sexual abuse and post-abortion recovery classes, 24/7 Dad program and Life Coaching. NEEDS: Volunteers, formula, and baby items.

# JONESBORO

Options on Main 910 S. Main Street Jonesboro, AR 72401 PHONE: 870-932-6644 FAX: 870-931-6830 EMAIL: director@jonesboroprc.com or director@optionsonmain.com WEBSITE: www.jonesboroprc.com HOURS: Monday - Friday 10 a.m. - 4 p.m. SERVICES: Free pregnancy tests, referrals for prenatal care; maternity & baby items, referrals for maternity homes, information on STD's, and adoption, post-abortion recovery, absti-

rals for maternity homes, information on STD's, and adoption, post-abortion recovery, abstinence information, free ultrasounds (if indicated), Empowerment, Embrace Grace program. NEEDS: Personal care items, volunteers, baby items, monthly financial and prayer support.

# LITTLE ROCK

Arkansas Pregnancy Resource Center A ministry of St. Joseph's Helper #2 Office Park Drive P.O. Box 25413 Little Rock, AR 72211 PHONE: 501-227-7944 EMAIL: Director@pregnancyLittleRock.com WEBSITE: www.pregnancylittlerock.com HOURS: Mon., 8 a.m.- 4 p.m., Tues., 8 a.m.-4 p.m., Wed, 8 a.m.-1 p.m., Thurs, 8 a.m.-4 p.m., Fri. 8 a.m.-2 p.m. SERVICES: Free and Confidential medical-grade pregnancy testing, OB ultrasound, STI testing, pregnancy options counseling, prenatal classes, parenting classes and community referrals. Abortion Pill Reversal. STI treatment.

#### Birthright

804 N. University Avenue Little Rock, AR 72205 PHONE: 501-664-0097 or Hotline 24/7 1-800-550-4900 EMAIL: marisaolson05@vahoo.com WEBSITE: www.birthright.org HOURS: Mon., Wed., Thu., Fri, 9 a.m. to 3 p.m., Tuesday 2-6 p.m. SERVICES: Free pregnancy testing, post-abortion referrals, friendship counseling, prenatal education, complications to abortion, maternity clothing, infant clothing, community resource information, adoption information, NEEDS: Baby clothes & diapers, screened volunteers, financial donations, community awareness.

#### **Caring Hearts**

1515 Aldersgate Road Little Rock, AR 72205 PHONE: 501-500-2055 EMAIL: direction@chpregnancy.org WEBSITE: www.chpregnancy.org HOURS: Monday-Thursday 10 a.m. - 4 p.m., Friday 10 a.m. - 3 p.m. SERVICES: Free pregnancy test, limited ultrasound, STI testing, H.U.G.S. incentive program to earn baby items and maternity clothes. Bible Study, Earn While You Learn incentive program and Abortion Recovery program. Abortion Pill Reversal (APR) provider, fatherhood program NEEDS: Volunteers for peer counseling, church support, and representatives, Bible study

mentors, nurses, and sonographers.

# MAGNOLIA

#### Hannah Pregnancy Resource Center

216 West Union Magnolia, AR 71753 PHONE: 870- 234-8070 or Toll free 1-866-74-women EMAIL: executivedirector@hannahprc.com WEBSITE: www.hannahprc.com HOURS: Wednesday 10 a.m.- 1 p.m., Thursday 10 a.m. - 4 p.m. SERVICES: pregnancy test, limited ultrasound when appropriate, abstinence education, parenting program, Earn While You Learn program, peer counseling, pre/post abortion and adoption, post-abortion help.

NEEDS: prayer, financial assistance, volunteers.

#### MALVERN

# Breath of Life Pregnancy Resource Center

1015 E. Page Malvern, AR 72104 PHONE: 501-332-2994 HOURS: Monday and Thursday 9 a.m. - Noon, 1-4 p.m. SERVICES: Information on pregnancy options, community referrals, parenting and baby care videos, baby clothes, and items, Bible studies, service babies up to 24 months NEEDS: Diapers and wipes

#### MENA

#### Fresh Start Pregnancy Resource Center

306 9th Street Mena, AR 71953 PHONE: 479-394-1186 EMAIL: freshstartdirector@live.com WEBSITE: www.freshstartprc.com HOURS: Mon.-Wed. 9:30 a.m. - 5:30 p.m. SERVICES: Free pregnancy tests, earn-while-you-learn program, first-time mom program, fatherhood classes, mentoring moms and dads, referrals to health care facilities, maternity life skills training, options counseling, abstinence education, post abortions counseling, family support mentoring. education information on fetal development.

NEEDS: Prayers, solid donors.

#### MONTICELLO

#### HopePlace Monticello

224 S. Main Street Monticello, AR 71655 PHONE: 870-460-0067 EMAIL: hopeplacemonticello@yahoo.com WEBSITE: www.hopeplacemonticello.com HOURS: Tues. - Thurs. 9:30 a.m. - 4:30 p. m.

SERVICES: Free pregnancy tests (confidential), Earn While You Learn, Strengthening Life Basic Skills program, Biblical guidance regarding healthy relationships; Food Pantry on Wednesday 10-Noon. Post Abortion help and Pregnancy and Infant Loss support group. NEEDS: Volunteers, new infant car seats, baby items, financial assistance, educational materials and food.

#### MORRILTON

# Abundant Life Pregnancy Resource Center

1306 N. Oak Street P O Box 473 Morrilton, AR 72110 PHONE: 501-354-4141 EMAIL: director@abundantlifeprc.org WEBSITE: abundantlifeprc.org HOURS: Monday - Thursday 9 a.m. - 4 p. m. or by appointment SERVICES: Free pregnancy test, ultrasounds, peer counseling, abortion and adoption information, pregnancy loss, sexual integrity, post-abortion help, mentor program, Earn While You Learn Program for mother and father, men's program, EWYL Store to purchase a new baby bed, new car seat, diapers, etc. Post Abortion support, STI testing, and Abortion Pill Reversal (APR)

NEEDS: New computers and landscaping.

#### MOUNTAIN HOME

#### Informed Choices Women's Center of the Ozarks

312 E. 3rd Street Mountain Home AR 72653

P.O. Box 2151, Mountain Home AR 72654

PHONE: (870) 424-HOPE (4673)

EMAIL: nskidmoreicwc@gmail.com

TEXTING LINE: 870-656-9958

WEBSITE: www.informedchoiceswomenscenter.org

HOURS: Mon., Tues. and Thurs. 10 a.m. - 6 p.m., Wed. 10 a.m. - 5:30 p.m.

SERVICES: Free pregnancy testing, limited ultrasound, STD testing, and sexual health education. We offer pregnancy options education, healthy pregnancy education, post-abortion recovery (Surrendering the Secret), and referrals for prenatal care, social services, and adoption. We offer parenting classes to support mothers and fathers beyond pregnancy through an Earn While You Learn, a Mommy Talk program, and a Fatherhood series. All services are confidential and free.

NEEDS: Prayer, advocates, new/gently used baby items.

#### NASHVILLE

#### LRBA Pregnancy Resource Center 256 AR 27 Bypass Nashville, AR 71852 P.O. Box 965 PHONE: 870-845-3236 EMAIL: littleriverbaptistassociation@yahoo.com HOURS: Tuesday and Thursday 10 am-1 pm SERVICES: Free pregnancy test, parenting class, material needs, post-abortion recovery, adoption through connected adoption. NEEDS: Financial needs, baby items for 2 and under, and volunteers

# NEWPORT

#### HopePlace Newport

2000 McLain Street Suite B Building 1 Newport, AR 72112 PHONE: 870-217-0672

EMAIL: hopeplacenewport@gmail.com

WEBSITE: www.hopeplacenewport.com

HOURS: Tues., Wed., Thurs. 10 a.m. to 4:30 p.m.

SERVICES: Free pregnancy test (confidential), BrightCourse Earn While You Learn Program, Strengthening Life Skills and Parenting Program, Biblical guidance regarding healthy relationships, information and education about abortion, Post-abortion recovery program and local and statewide agency referrals. All of our services are available to women and men, no matter the financial situation or background of the individual. If you need help, please call us.

NEEDS: Prayer support. Financial support. Men and women volunteers/mentor for clients and special events. Baby items: diapers – newborn to size 6, car seats, hygiene items, baby clothes newborn to 3T, formula and baby wipes.

# NORTH LITTLE ROCK

Caring Hearts Pregnancy Center 2003 Fendley Drive North Little Rock, AR 72114 P.O. Box 1455

North Little Rock, AR 72115 PHONE: 501-753-4038 EMAIL: infonlr@chpregnancy.org WEBSITE: www.chpregnancy.org HOURS: Tuesday - Thursday 10 a.m. - 4 p.m.

SERVICES: free pregnancy test, limited ultrasound, STI testing, H.U.G.S. incentive program to earn baby items and maternity clothes, Bible Study, Earn While You Learn incentive program, and Abortion Recovery program. Abortion Pill Reversal (APR) provider. NEEDS: volunteers for peer counseling, church support and representatives, Bible Study mentors, nurses and sonographers

# PARAGOULD

**Options in Paragould** 909 Reynolds Road Paragould, AR 72450 PHONE: 870-215-0774 EMAIL: director@optionsonmain.com HOURS: Monday, Wednesday, Friday 10 a.m. - 4 p.m. SERVICES: Free pregnancy tests, referrals for prenatal care; maternity & baby items, referrals for maternity homes, information on STD's, and adoption, post-abortion recovery, abstinence information, free ultrasounds (if indicated), Empowerment, Embrace Grace program. NEEDS: Personal care items, volunteers, baby items, monthly financial & prayer support.

# PINE BLUFF

Hope of the Delta 3905 South Hazel Street Pine Bluff, AR 71603 P.O. Box 1518 Pine Bluff AR 71613 PHONE: 870-535-0811 EMAIL: tturbeville@supporthope.org CLIENT WEBSITE: thinkvoumavbepregnant.com DONOR WEBSITE: www.supporthope.org FACEBOOK: Search "Hope of the Delta" HOURS: Monday - Thursday 9 a.m. to 4:30 p.m. MOBILE UNIT - McGee every other week, Stuttgart Tuesday 9:30 a.m. - 3 p.m.; DeWitt on Thursday; Dumas call center for available dates, East End every other Monday and Star City call center for available dates. For more info call 870-540-7006. SERVICES: Limited OB ultrasound, free pregnancy testing, peer advocacy, material assistance, parenting classes, PAS recovery program, abstinence training, spiritual support, STD testing, community referrals, motherhood, and fatherhood classes. NEEDS: Financial support, volunteers, material donations (diapers, hygiene items, car seats, baby clothes, wipes, etc.)

# ROGERS

Loving Choices Pregnancy Center of NWA-Rogers

3610 W. Southern Hills Blvd Rogers, AR 72758 Phone: 479-631-6677 EMAIL: info@lovingchoices.org WEBSITE: www.lovinachoices.ora HOURS: Monday-Thursday 10 a.m. - 5 p.m. Mobile Unit: 10 a.m. - 5 p.m. Monday - Prairie Grove, Tuesday- Springdale, Thursday-Walnut Center for Non-Profits in Rogers. Friday- Favetteville SERVICES: Post-abortion support, counseling, agency referrals, information on abortion, parenting education and long-term mentoring program. NEEDS: Contemporary maternity clothing, new or very clean baby clothes, toys and tojletries and new only infant car seats, diapers, bottles, formula, monthly supporters, prayer support, volunteers. RUSSELLVILLE

# **Choices Care**

911 West B Street P. O. Box 394 Russellville, AR 72801 PHONE: 479-967-2255 EMAIL: contactus@choicesprc.org WEBSITE: choicesprc.org HOURS: 9 a.m. - 5 p.m. Mon.-Tues.-Thurs.-Wed. 9 a.m. - 3 p.m. SERVICES: Free and confidential pregnancy testing as well as limited obstetrical ultrasound. We also offer physical, emotional, and spiritual support through our mentoring programs and parenting classes, abstinence coaching, adoption referrals, and post abortion recovery programs. Maternity and baby items also available. Abortion Pill Reversal (APR) provider.

NEEDS: Financial support, diapers, infant formula

#### SEARCY

Friends for Life Parenting 405 N. Walnut Street Searcy, AR 72143 PHONE: (501) 279-1550 EMAIL: fflclientservices@sbcglobal.net HOURS: Monday and Wednesday 9AM - 5 PM SERVICES: parenting classes for Moms and Dads, Earn While You Learn to earn and spend Baby Bucks, and care closet

#### Friends for Life Pregnancy Center

914 E. Race Street Searcy, AR 72143 PHONE: 501-305-4500 EMAIL: fflmedical@yahoo.com WEBSITE: www.fflmedical.com HOURS Pregnancy Center Monday, Wednesday, Thursday 9am-5pm SERVICES: Pregnancy Center: pregnancy test, STI testing, limited ultrasound, lay counseling and post abortion Bible study. NEEDS: diapers newborn to size 3, volunteers

# SHERIDAN

The Blessings House 28 Gates Drive Sheridan, AR 72150 PHONE: 870-942-7755

EMAIL: theblessingshouse@gmail.com

HOURS: Monday and Wed. 3 p.m. to 7 p.m., 2nd Saturday of each month 10-Noon SERVICES: Baby clothes, wipes and diapers, formula and baby food, miscellaneous baby items, parenting classes & videos, informational brochures, bible study lessons, assistance with WIC and GED registration, breast-feeding support, abundant life mentoring, support groups

NEEDS: Volunteers.

# SILOAM SPRINGS

#### **Choices Pregnancy Services**

809 S. Mount Olive Street P.O. Box 1112 Siloam Springs, AR 72761 PHONE: 479-549-3322 EMAIL: info@choicespregnancynwa.com WEBSITE: www.choicespregnancynwa.com HOURS: Monday - Wednesday 10 a.m. - 5 p.m., Thursday 10 a.m. - 7 p.m., and Friday 10 a.m. - 2 p.m. SERVICES: Free pregnancy tests, limited ultrasound, STD testing and abstinence education, educational incentive program and boutique, post-abortion recovery support group, adoption referrals, options counseling, and abortion pill reversal referral.

NEEDS: Prayer for getting more churches involved and success in our fundraising efforts this year.

# STUGGART

Arkansas County Hope of the Delta 2009 N Buerkle Stuggart, AR 72160 PHONE: 870-535-0811 EMAIL: tturbeville@supporthope.org CLIENT WEBSITE: www.thinkyoumaybepregnant.com DONOR WEBSITE: www.supporthope.org FACEBOOK: Search "Hope of the Delta" HOURS: Tuesday-Thursday 9 a.m. - 4:30 p.m. SERVICES: Limited OB ultrasound, free pregnancy test, peer advocacy, material assistance, PAS recovery program, abstinence training, father and mother classes. NEEDS: Prayer, financial support, volunteers, material donations (diapers, hygiene items, car seats, baby clothes, etc.)

#### TEXARKANA

#### 1st Choice Pregnancy Resource Center

602 Main Street Texarkana, TX 75501 PHONE: 903-792-5735 or after hours call 1-800-712-4357 EMAIL: director@firstchoiceprc.com WEBSITE: www.firstchoiceprc.com HOURS: Tuesday, Wednesday and Friday 10 a.m. - 4 p.m., Thursday 10 a.m. - 7 p.m. SERVICES: Free pregnancy testing and limited ultrasounds, referrals for community services, adoption referrals, post-abortion help, educational programs on abortion, abstinence, and sexually transmitted diseases, maternity & baby clothes, misc. baby items, parenting classes. NEEDS: volunteers, financial support, maternity clothes, baby clothes infant to 3T, furniture and baby items and toiletries.

#### WARREN Hope Place-Warren

212 West Central Street P.O. Box 192 Warren, AR 71671 PHONE: 870-226-4456 EMAIL: hopeplacewarren2911@gmail.com HOURS: Monday - Tuesday 1 p.m. - 5 p.m., Wed. 10 a.m. - 2 p.m. SERVICES: Crisis or unplanned Pregnancy mentoring; adoption mentoring; free pregnancy tests; parenting classes; childbirth classes; Life Skills classes; Purity classes; Biblical counseling; material assistance through an Earn While You Learn curriculum and a food pantry. NEEDS: Volunteers, financial assistance, baby items, diapers, and new car seats.

# WEST MEMPHIS

Hope of the Delta
308 S. Rhodes
West Memphis, AR 72301
P O Box 1518
Pine Bluff, AR 71613
PHONE: 870-461-0296
EMAIL: tturbeville@supporthope.org
CLIENT WEBSITE: www.thinkyoumaybepregnant.com
DONOR WEBSITE: www.supporthope.org
FACEBOOK: Search "Hope of the Delta"
HOURS: Tuesday-Thursday 9 a.m. - 4:30 p.m.
SERVICES: limited OB ultrasound, free pregnancy test, peer advocacy, material assistance, parenting classes, Post-abortion recovery program, abstinence training, spiritual support, STD testing, and community referrals, fatherhood and motherhood classes.
NEEDS: financial support, volunteers, material donations (diapers, hygiene items, car

seats, baby clothes, etc.)

# WYNNE

#### **Concepts of Truth International**

P. O. Box 1438 202 E. Commercial Ave. Wynne, AR 72396 PHONE: 870-238-4329 EMAIL: info@conceptsoftruth.org WEBSITE: www.conceptsoftruth.org HOURS: Monday - Friday 8 a.m. - 4 p.m. HELP LINE: 1-866-482-LIFE International Helpline for Abortion Recovery and Prevention SERVICES: Professional counseling, crisis pregnancy intervention, International Help-Line for Abortion Recovery and Prevention, sexual health education; training for abortion recovery and sexual health models.

NEEDS: prayer, financial support, new computers, paper goods.

# **POST ABORTION RECOVERY**

# PROJECT RACHEL

Project Rachel offers confidential healing and reconciliation opportunities for anyone wounded by abortion, counseling, and support in individual or group settings, in person or virtually, in English and in Spanish. Project Rachel is a ministry of the Diocese of Little Rock, Respect Life Office. Call or text the confidential line 501-663-0096 or visit www.hopeafterabortion.org for more information.

# DEEPER STILL

Do you have an abortion wounded heart? Find healing and lasting freedom. You don't have to go through life with an abortion-wounded heart. We can help! For retreat dates, visit www.GoDeeperStill.org and click retreat dates or call 865-524-3313 for more information about this ministry call 501-944-7142.

# SAVEONE

SaveOne offers help for men, women, and family members/friends, through group study, online study, or answering questions and giving encouragement through self-study. We have a Bible based curriculum that was written by our founder Sheila Harper. Sheila chose abortion in 1985 for her first child and lived with mental and emotional anguish for 7 years following that choice. E-mail info@ saveone.org or 615-636-2654 to find a chapter near you. Visit www.saveone.org for more information.

# INTERNATIONAL HELPLINE FOR ABORTION RECOVERY

Our mission is to help callers find healing after abortion by listening, assessing their needs, mailing resources, making referrals to local help centers, and providing follow-up as needed. Call 24/7 for immediate help 1-866-482-LIFE -- www.internationalhelpline.org

